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**Manuscript originality, authorship and format**

⬜ I confirm this manuscript is not being considered for publication in any other journal

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⬜ My manuscript is written in English and is saved as a Microsoft Word document, with text double-spaced and pages numbered.

⬜ My abstract is in the correct format

⬜ I have provided full names, job titles and addresses for all authors

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⬜ I have supplied a list of the key words

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⬜ My manuscript has the requisite word count and maximum number of tables/figures (no table/figure should be more than one third of a printed page)

- around 3,000 words with a maximum of 4 tables and figures for an **original article** or **review article**;

- around 1,500 words and a maximum of 2 figures or tables for **case reports**;

- around 500 words for **correspondence** or **letters**;

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Please insert word count here………………………………………….

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⬜ I have used SI units

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⬜ I have declared all funding and other sources of support

⬜ I have acknowledged all contributors to my manuscript

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